

# **Safer People Handling Update**

# Who is this course aimed at?

This course is aimed at all those who are experienced in safely moving people in their care

## **Course Aims**

To be able to manoeuvre people safely using equipment where appropriate

# **Learning Outcomes**

By the end of this course you will:

- Be aware of health issues that may necessitate support
- Be aware of the need to follow good infection control procedures
- Understand how to manoeuvre residents with dignity
- Know the importance of promoting independence
- Recognise the need for clear communication
- Know techniques used for assisted walking
- Know techniques for moving a person from sitting to standing
- Recognise the signs that a person might be falling
- Be aware of some ways to deal with a falling person
- Be aware of reasons why a person may need moving in bed
- Know how to move a person in bed
- Know how to apply a slide sheet
- Understand the safety checks to be performed before hoisting
- Know how to use a hoist and sling
- Understand how to manoeuvre people safely using a hoist
- Understand roles and responsibilities

## Course available as

#### **E-Learning**

Course Length: 45 Mins

## **Contact Us**

For more information, or to book any of our courses, please contact us on 01706 375578